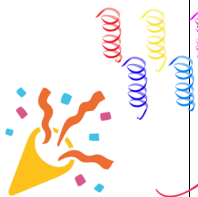










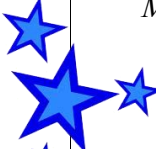
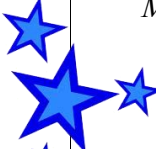






Santa Maria Recovery
Learning Community (RLC)
225 E. Inger Drive Suite 101 A
(805) 928-0139



January 2020

Mon	Tue	Wed	Thu	Fri
<i>If you are interested in attending any of our groups & becoming an RLC member, please contact staff for more information.</i>		Closed Happy New Year 	2 Open Hours 8-4pm No- Anxiety & Depression Support Group 11-2pm 2020 Vision Boards You Must Sign Up!	3 Open Hours 9:30-12:30pm 11-4pm Monarch Butterflies and Lunch at Splash Café You Must Sign Up & Bring \$!
6 Open Hours 8-4pm 9:30am Libre Office Class 11am Open Lab Computer 12pm Film Club-Cabaret	7 Open Hours 8-4pm 10:30am Food Bank-Members Only 	8 Open Hours 8-4pm 10am Open Art Studio 12pm Lunch Program- RSVP Stuffed Cabbage Rolls 1pm Walking for Wellness 	9 Open Hours 8-4pm 10:30am Anxiety & Depression Support Group 1pm Meditation Support Group 	10 Open Hours 9:30-2pm 11-2pm New Year's Karaoke Pizza Party You Must Sign Up! 
13 Open Hours 8-4pm 9:30am Libre Office Class 11am Open Lab Computer 12pm Film Club-The Greatest Showman 	14 Open Hours 8-4pm 10:30am Food Bank-Members Only 	15 Open Hours 8-4pm 10am Open Art Studio 12pm Lunch Program- RSVP Pork Chops 1pm Calendar Planning 	16 Open Hours 12-4pm No Anxiety & Depression Support Group 	17 Open Hours 9:30-2pm 12-2pm Farwell Party for Clara You Must Sign Up! 
20 Open Hours 8-4pm 9:30am Libre Office Class 11am Open Lab Computer 12pm Film Club- Judy 	21 Open Hours 8-4pm 10:30am Food Bank-Members Only 	22 Open Hours 8-4pm 10am Open Art Studio 2pm Lunch Program- RSVP Chicken Fettuccini 1pm Walking for Wellness 	23 Open Hours 8-4pm 10:30am Anxiety & Depression Support Group 11-1pm Bread of the Month Apple Sauce Cranberry Bread You Must Sign Up!	24 Open Hours 9:30-2pm 11-2pm Lunch & Game Day You Must Sign Up! 
27 Open Hours 8-4pm 9:30am Libre Office Class 11am Open Lab Computer 12pm Film Club-Sweet Home Alabama 	28 Open Hours 8-4pm 10:30am Food Bank-Members Only 	29 Open Hours 8-4pm 10am Open Art Studio 2pm Lunch Program- RSVP Pulled Pork Fries & Birthday Celebrations!!! 1pm Walking for Wellness	30 Open Hours 8-4pm 10:30am Anxiety & Depression Support Group 11-1pm Making Calming Bottles You Must Sign Up!	31 Open Hours 9:30-12pm 